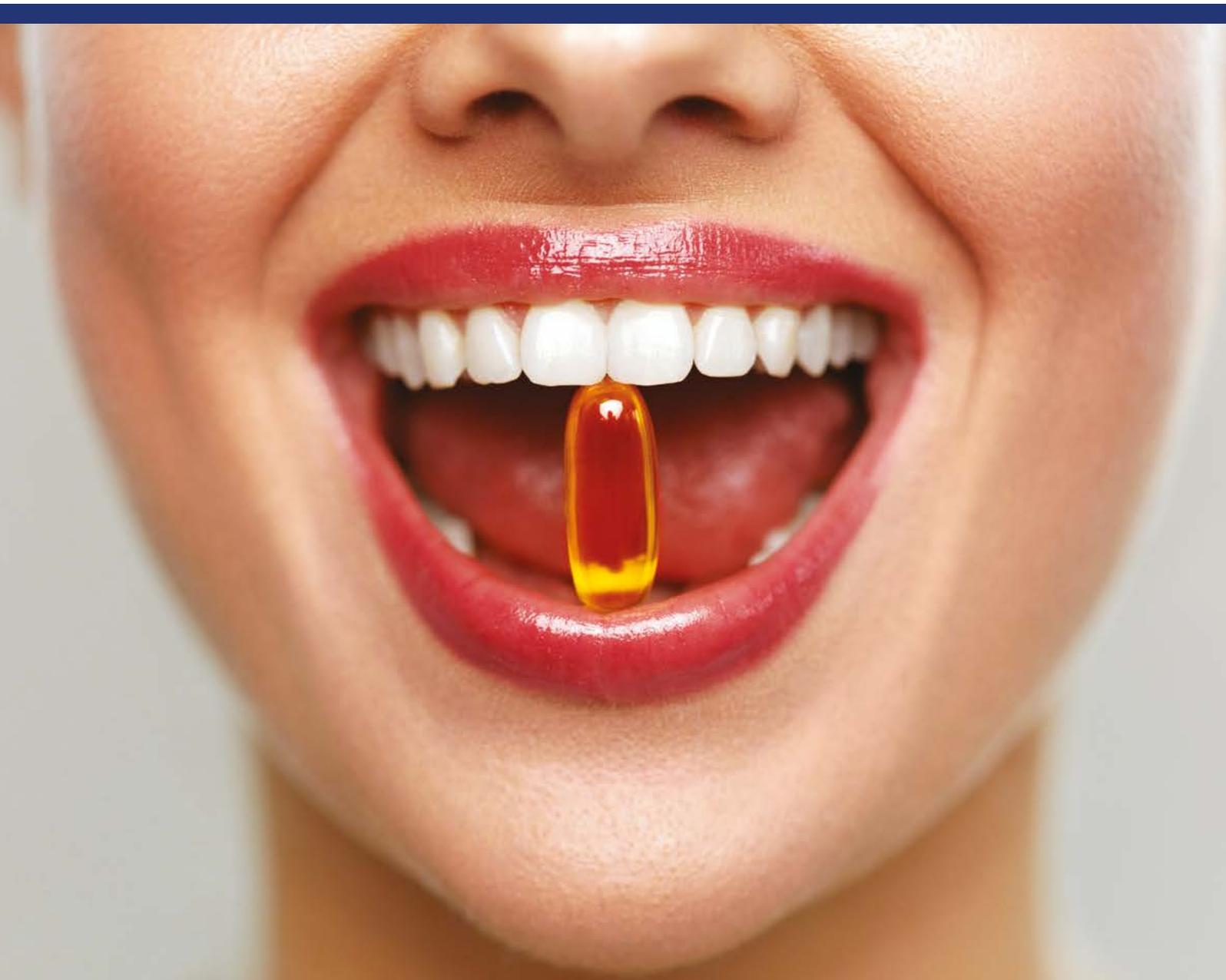


"I am, what I repeatedly do.
Excellence, therefore is not an act, but a habit..."

İzzet DURU

izzet.duru@gmail.com
Istanbul | Türkiye
[linkedin.com/in/iz-iz](https://www.linkedin.com/in/iz-iz)

*International - Trade
Consultant*





Food Supplement Including Elastine,
Vitamins and Minerals



Pineapple Flavored

WHY PRO-MULTI Flex?

TYPE 1 - TYPE 3 COLLAGEN- Reduces wrinkles, increases elasticity, supports the bone matrix, supports the digestive system and can increase skin hydration. Repairs weak or damaged nails and thickens fine hair. In particular, the most common use of collagen supplements is the benefits it provides to nails and hair.

TYPE 2 COLLAGEN- Type 2 collagen aids in the formation of cartilage found in connective tissues. This type of collagen is very important for joint health. It is effective in the treatment of age-related joint pain and various related symptoms.

MSM- MSM (methyl sulfonyl methane) is an organic sulfur (sulfur) compound. It is necessary for the formation of collagen, which gives an elastic structure to the joints and cartilages. MSM; When taken with glucosamine, another sulfur component, it helps to reduce joint pain.

ELASTINE- Properties: It provides flexibility (elasticity) to the tissues (veins, skin, lungs and other flexible tissues) where elastin is present. In order to provide the balance against this flexibility, that is, to prevent the tearing of the tissue, it is generally found in the collagen molecule in the same tissues.

HYALURONIC ACID- Hyaluronic acid is a substance that helps the skin and tissues to be well lubricated and moist. It is also a moisturizer. It is a category of skin care ingredients that absorb moisture from the environment and increase hydration in the skin. It is found in particularly high concentrations in the skin, joints and eyes.

VITAMIN C- One of the antioxidant vitamins, vitamin C, has important roles in protecting against infectious diseases and cancer, and strengthening the immune system.

VITAMIN E- Vitamin E, one of the fat-soluble vitamins; It is a nutrient that has important roles in many areas such as skin health, eye health and hormonal regulation. At the same time, vitamin E, which is one of the vitamins with antioxidant properties, is also very effective in strengthening the immune system.

COENZYME Q10- Coenzyme Q10 is an important antioxidant compound in reducing the effect of free radicals that are formed spontaneously in the body and have harmful effects on cells. It supports the immune system and plays a role in providing energy to the cell.

BOSWELLA- Boswella can be an effective pain reliever as it is a strong anti-inflammatory (anti-inflammatory) and can prevent cartilage loss due to inflammation. Some studies have found that it may even be beneficial in the treatment of certain cancers, such as leukemia and breast cancer.

GLUTATHIONE- Research shows that high levels of glutathione reduce muscle damage, shorten muscle recovery time, increase muscle strength and endurance, and shift metabolism from fat storage to muscle building. Glutathione is one of the most important molecules for staying healthy and preventing disease.

BIOTIN- Also known as Vitamin H and Vitamin B7, biotin is used to convert the food we consume into energy. It is an important vitamin for our body. Biotin is especially important for liver health, nervous system, hair health and eye health.

300 gr e

SUGAR FREE - NO PRESERVATIVES / THE SCALE IS IN THE BOX

INGREDIENTS :

Hydrolyzed Collagen (Type I and Type III), Methylsulfonylmethane, Hydrolyzed elastin, Hyaluronic acid, L-ascorbic acid, Flavoring Agent: Pineapple flavor, Anti-caking Agent: Tricalcium phosphate (E 341(iii)), Zinc sulfate, Nicotinamide, Unmodified Collagen Type II, D- α -tocopherol, Coenzyme Q 10, Aloe vera extract, Glutathione, D-pantothenate, Calcium, Sweetener: Stevia, Beta-carotene, D-biotin, Pyridoxine hydrochloride, Cholecalciferol: Maltodextrin (Carrier) & Vitamin D3, Sodium selenite, Methylcobalamin.

Supplement Facts

Active ingredient	Quantity	%NRV*
Hydrolyzed Collagen (Type I and Type III)	9350 mg	**
Methylsulfonylmethane	200 mg	**
Hydrolyzed Elastin	80 mg	**
Hyaluronic Acid	80 mg	**
Vitamin C	80 mg	%100
Zinc	10 mg	%100
Vitamin B3	16 mg NE	%100
Nature Unaltered Collagen Type II	15 mg	**
Vitamin E	12 mg α TE	%100
Coenzyme Q 10	10 mg	**
Boswella	10 mg	**
Glutathione	10 mg	**
Vitamin B5	6 mg	%100
Beta Carotene	2,5 mg	**
Biotin	2500 μ g	%5000
Vitamin B6	1,4 mg	%100
Vitamin D3	5 μ g	%100
Selenium	55 μ g	%100
Vitamin B12	2,5 μ g	%100

USAGE INFORMATION:

It is recommended to consume 1 scale per day by dissolving it in 200 ml of water for adults aged 18 and over.

SUGAR FREE – NO PRESERVATIVES / THE SCALE IS IN THE BOX

SKIN HEALTH, JOINT HEALTH, CELL REGENERATION, CONNECTIVE TISSUE STRENGTHENING, LOSS OF ELASTICITY PREVENTION, ANTIOXIDANT, HAIR & NAIL HEALTH

PRO-MULTI Flex
Food Supplement Including
COLLAGEN
Elastine, Vitamins and Minerals
HYDROLIZED COLLAGEN PEPTIDES

TYPE | TYPE | TYPE
1 | 2 | 3

- HYDROLIZED ELASTINE
- HYALURONIC ACID
- GLUTATHIONE
- COENZYME Q10
- MSM
- BOSWELLA
- VITAMIN E
- BIOTIN
- VITAMIN C

COLLAGEN PEPTIDE BRAND from GERMANY

30 SERVING / PER SERVING 10 GR / SUGAR FREE - NO PRESERVATIVES

300 g (30 sachet x 10 g e)

“

Food Supplement Including Herbal Extracts,
Qenzym Q10 and L-Citrulline

WHY PRO-MENMAX?



PRO-MENMAX
Bitkisel Ekstreler, Koenzim Q10 ve L-Sitrülin
İçeren Takviye Edici Gıda

ÇUBAN ÇAKERTEN EKSTRESİ YULAF TOHUM EKSTRESİ KOENZİM Q10
ÇANŞIR OTU KÜKÜ EKSTRESİ VİTAMİN C KEÇİBOYNUZU EKSTRESİ
ÇİÇEK PALMIYE EKSTRESİ KIZMIZI GINSENG EKSTRESİ TARÇIN EKSTRESİ
EPİMEDİUM EKSTRESİ L-SİTRÜLİN
LEPİDİYUM EKSTRESİ ÇİNKÜ

90
KAPS

TRIBULUS TERRESTRIS EXTRACT - This plant, which improves sperm quality in men and egg quality in women, provides herbal support to couples who want to have children. Women who want to get pregnant more easily are recommended to consume this herb. Tribulus Terrestris plant, which also increases sexual performance, has an aphrodisiac feature.

FERULA COMMUNIS EXTRACT- The most well-known benefit of Ferula Communis grass is that it creates an aphrodisiac effect. It increases sexual power. It helps to relieve joint and muscle pain. It supports the healthy and regular functioning of the nervous system.

SAW PALMETTO EXTRACT- It is useful for the testosterone hormone that the body needs to secrete. It is a remedy for the problem of hair loss in men and plays a role in the formation of sexual impulses. The Saw Palmetto eliminates fatigue, hair loss, mental fatigue and creates happier individuals.

EPİMEDİUM EXTRACT - Epimedium, a plant grown in the Far East, is a medicinal plant that has been used in the treatment of many sexual problems such as impotence, premature ejaculation, inability to orgasm, as it is believed to have an aphrodisiac effect.

LEPİMEDİUM EXTRACT - It is an adaptogen that helps to provide physical and mental adaptation to stress. It has the effect of increasing libido, sexual desire and desire in both men and women. Helps against vaginal dryness and menopausal symptoms. In women, it has a sexual stimulant and helps vaginal wetting.

VİTAMİN C - One of the antioxidant vitamins, vitamin C has important roles in protecting against infectious diseases and cancer, and strengthening the immune system.

RED GINSENG EXTRACT - Ginseng, which is called 'Panax' in the botanical world; It has been proven in scientific studies to strengthen memory, regulate brain functions, and have a healing effect against weakness and fatigue. It is thought that ginseng may also be beneficial in reproductive health and neurological disorders.

L CITRULLINE - Citrulline's primary duties are to protect the body from harmful compounds in the urea cycle. Unlike other amino acids, this amino acid is not used in the body to make proteins. The urea cycle ensures that ammonia in the body is removed from the body.

ZİNC - Zinc is an essential mineral found naturally in some foods and necessary for the body. Zinc, which takes part in cellular metabolism, is necessary for the catalytic activity of various enzymes. It also takes part in the immune system, wound healing, protein and DNA synthesis, and cell division.

COENZİME Q10 - Coenzyme Q10 (CoQ10) is a vitamin-like compound produced in the body, the amount of which decreases with age and environmental factors. Its main task is to provide energy production in the cell. There are units called organelles that enable the fulfillment of functions in the cell.

CAROB EXTRACT - Carob is soothing for the lungs. It is used against shortness of breath, asthma, bronchitis and allergic diseases. It opens the bronchi, softens the chest, reduces chest pains. Carob extract is very effective against anemia, it fills the blood stores.

INGREDIENTS:

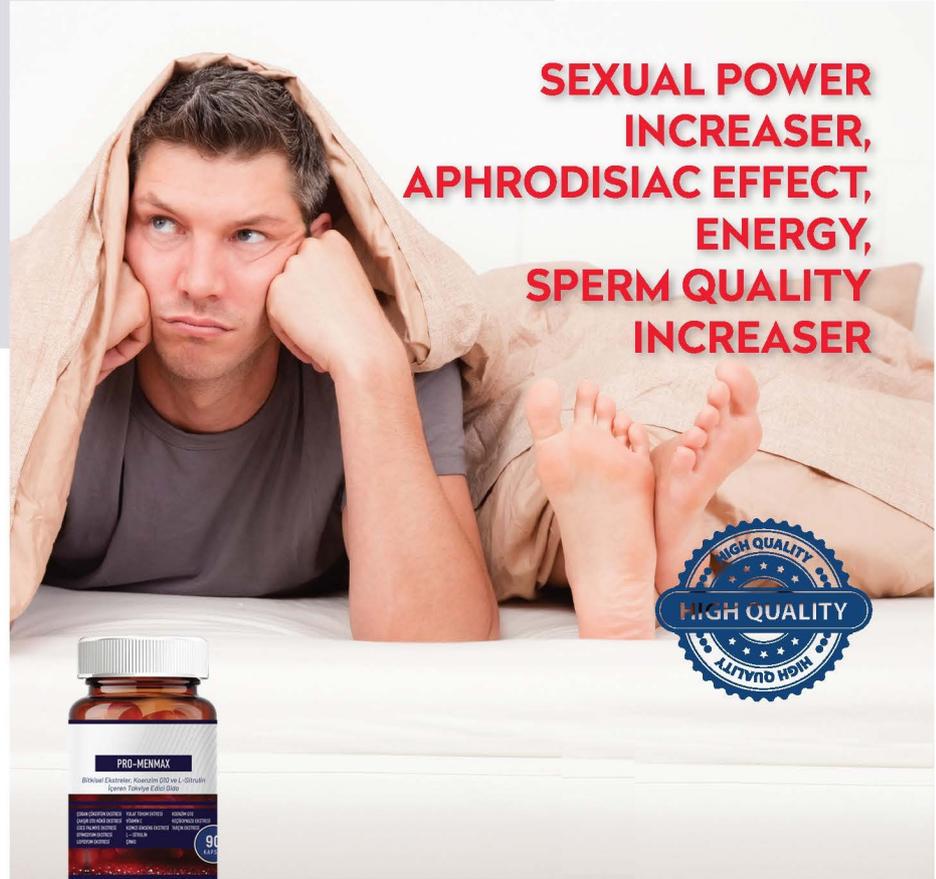
Shepherd's purse extract, Capsule Material: Bovine gelatin, Milk thistle root extract, Saw palmetto extract, Epimedium sp. Extract, Lepidium extract, Oat extract, Anti-caking Agent: Tricalcium phosphate (E 341(iii)), L-ascorbic acid, Red ginseng extract, L-citrulline, Zinc sulfate, Anti-caking Agent: Silicon dioxide (E 551), Coenzyme Q 10, Carob extract, Cinnamon extract.

Supplement Facts

Active Ingredients	Quantity mg/ 1 Capsule	%NRV*	Quantity mg/ 3 Capsule	%NRV*
Tribulus Terrestris Extract	150 mg	**	450 mg	**
Ferula Communis Extract	60 mg	**	180 mg	**
Saw Palmetto Extract	60 mg	**	180 mg	**
Epimedium Extract	60 mg	**	180 mg	**
Lepimedium Extract	60 mg	**	180 mg	**
Oat Seed Extract	60 mg	**	180 mg	**
Vitamin C	30 mg	%37,5	90 mg	%112,5
Red Ginseng Extract	25 mg	**	75 mg	**
L Citrulline	15 mg	**	45 mg	**
Zinc	3 mg	%30	9 mg	%90
Coenzyme Q10	3 mg	**	9 mg	**
Carob Extract	3 mg	**	9 mg	**
Cinnamon Extract	3 mg	**	9 mg	**

USAGE INFORMATION:

It is recommended to consume 1 Capsule (3 Capsules per Day) in the Morning, Lunch and Evening for Adults 11 years and older.





Food Supplement Containing
Melatonin

WHY PRO-MELATONIN?

MELATONIN

Melatonin is primarily responsible for regulating the body's sleep patterns. Melatonin is also known to affect the depth and quality of sleep. There are studies that show that melatonin secretion alleviates the effects of depression, is beneficial in relieving reflux and supports eye health. There are studies showing that melatonin secretion prevents the development of diabetes. In proportion to its production, the level of fat and cholesterol in the blood decreases; For this reason, it has been observed that it plays a supporting role in heart health. melatonin; It helps to slow down the aging process of the skin by increasing the sleep pattern and quality. Aging is associated with oxygen radicals and wear of body tissues. Melatonin creates an opportunity for tissues to repair themselves during sleep.

INGREDIENTS

Bulking Agent: Maltodextrin, Bulking Agent: Microcrystalline cellulose (E 460(i)), Anti-caking Agent: Magnesium salts of fatty acids (E 470b), Stabilizer: Polyvinylpyrrolidone (E 1201), Melatonin, Anti-caking Agent: Silicon dioxide (E 551).



Supplement Facts

Active Ingredients	Quantity	%NRV*
Melatonin	3 mg	**

USAGE INFORMATION:

It is recommended to consume 1 tablet per day for Adults aged 18 and over.

Food Supplement Including
Vitamin, Mineral and Probiotic Microorganism

WHY PRO-DEFENCE?

BETA GLUCAN

It strengthens the immune system and increases body resistance By stimulating and activating macrophages.

VITAMIN C

It strengthens body resistance by increasing white blood cells (T lymphocytes, macrophages). It shows antioxidant and antiviral effects.

ROYAL JELLY

Royal jelly is harvested from the queen cells of beehives and used as a supplement or in skin creams to enhance collagen production, ease premenstrual and postmenopausal symptoms, and improve overall health

ECHINACEA EXTRACT

It has pain relief feature, strengthens the immune system, prevents infections, has a detox effect, relieves body anger and weakness, has a cancer protection feature.

ZINC

Zinc is essential for immune system cells with high proliferative capacity. Zinc deficiency causes suppression of immune response, lymphopenia, thymic atrophy, decrease in T, B and natural killer (NK) cell counts, and deterioration in neutrophil, monocytes and macrophage chemotaxis.

LACTOBACILLUS ACIDOPHILUS

It accelerates the wound healing process by increasing the level of oxytocin. It has been observed that it provides 42% success in antibiotic associated diarrhea.

Supplement Facts

Active ingredient	Quantity per 2 capsules	%NRV*
Vitamin C	300 mg	%375,00
Beta Glucan	300 mg	**
Royal Jelly	200 mg	**
Echinacea Extract	100 mg	**
Probiotic Microorganism -Lactobacillus Acidophilus	(1x10 ⁹ Bir Milyar KOB) 1 Billion Bacteria	**
Zinc	10 mg	%100,00

INGREDIENTS:

Vitamin C supplement: L-ascorbic acid - Maltodextrin (carrier), Beta glucan (Barley, oat-derived), Bovine gelatin (Capsule Component), Royal jelly, Echinacea extract, Probiotic Microorganism: Lactobacillus Acidophilus, Zinc sulfate, Anti-caking Agent: Magnesium salts of fatty acids (E470b), Anti-caking Agent: Silicon dioxide (E 551).

USAGE INFORMATION:

It is recommended to consume 1 capsule (2 capsules per day) in the morning and evening for adults aged 11 and over.



SIX DIFFERENT CONTENT INCLUDING PROBIOTIC

“

Food Supplement Including
Vitamins and Minerals

WHY PRO-MULTIVITAMIN MW?



QUERCETIN- It has antibacterial properties that are effective against all types of bacteria associated with the stomach, intestines, skin, respiratory and urine. In this way, it can help fight common viruses such as adenovirus, herpes simplex virus, respiratory syncytial virus along with other flavonoids.

VITAMIN C- What are the benefits of vitamin C? Vitamin C is a very important nutrient with countless benefits. Vitamin C, which is involved in the synthesis of collagen, provides the repair of cartilage, bone and teeth with the healing of wounds.

MAGNESIUM BISGLYCINATE- It is best to use magnesium bisglycinate for the proper functioning of the nervous system, memory, concentration and learning performance. For people who exercise a lot, you can choose to recommend extra magnesium citrate. This contributes to maintaining strong and flexible muscles and supports energy metabolism.

CHROMIUM- Chromium is a mineral that is necessary for the body, contributes to the functionality of the hormone insulin and has effects on carbohydrate, protein and fat metabolism. It is suggested that chromium can be used to support weight loss and help control blood sugar in individuals with diabetes.

COENZYME Q10- Coenzyme Q10 (CoQ10) is a vitamin-like compound produced in the body, the amount of which decreases

with age and environmental factors. Its main task is to provide energy production in the cell. There are units called organelles that enable the fulfillment of functions in the cell.

GLUTATHIONE - Researchs show that high levels of glutathione reduce muscle damage, shorten muscle recovery time, increase muscle strength and endurance, and shift metabolism from fat storage to muscle building. Glutathione is one of the most important molecules for staying healthy and preventing disease.

RESVERATROL- Resveratrol is a natural medicine. It provides antioxidant support necessary for the body to renew itself. It provides the production of substances necessary for the body's self-protection. It also aids in weight loss.

ALFA LIPOIC ACID - Alpha lipoic acid (ALA) is an organic compound that acts as an antioxidant.

BIOTIN - Biotin supports tissue formation and regeneration. It takes part in the production of keratin, the basic protein for hair, skin and nail formation. For this reason, biotin is an important vitamin for skin, hair and nail health.

TAURINE - Provides the regulation of minerals in the cell. It purifies the body thanks to its antioxidant effect. It establishes the electrolyte balance in the cell.

INGREDIENTS:

Bulking Agent: Maltodextrin, Bulking Agent: Microcrystalline cellulose (E 460(ii)), Calcium L-ascorbate (may contain up to 2% threonate), Magnesium bisglycinate (Magnesium Source), Calcium bisglycinate (Calcium Source), D-alpha-tocopheryl acid succinate, Nicotinamide, Choline, Inositol, Anti-caking Agent: Magnesium salts of fatty acids (E 470b), Stabilizer: Polyvinylpyrrolidone (E 1201), D-pantothenate, calcium, Ferrous bisglycinate, Zinc sulfate, Turmeric extract, Korean ginseng extract, Manganese gluconate, Copper gluconate, L-cysteine, Coenzyme Q10, Pyridoxine hydrochloride, Taurine, Glutathione, Citalin, Glycine, Resveratrol, Betaine, Quercetin, Alpha lipoic acid, Thiamine hydrochloride, Riboflavin, Beta-carotene, Anti-caking Agent: Silicon dioxide (E 551), Ergocalciferol: Maltodextrin (carrier) - Vitamin D2, Menaquinone 7: Maltodextrin (Carrier) - Vitamin K2, Calcium L-methylfolate, D-biotin, Potassium iodide, L-selenomethionine, Chromium picolinate, Methylcobalamin.

Supplement Facts

Active Ingredients	Quantity for 1 Tablet	%NRV*
Vitamin C	80 mg	%100
Vitamin E	30 mg α-TE	%250
Vitamin B3	32 mg NE	%200
Kolin	30 mg	**
Inositol	25 mg	**
Vitamin B5	12 mg	%200
Demir / Iron	3,5 mg	%25
Ginko / Zinc	5 mg	%50
Turmeric Extract	10 mg	**
Korean ginseng extract	10 mg	**
Manganese	1 mg	%50
Copper	750 µg	%75
L-cysteine	5 mg	**
Coenzyme Q10	5 mg	**
Vitamin B6	2,8 mg	%200
Taurine	3 mg	**
Glutathione	3 mg	**
Citicoline	3 mg	**
Glycine	3 mg	**
Resveratrol	3 mg	**
Betaine	3 mg	**
Quercetin	3 mg	**
Alpha Lipoic Acid	3 mg	**
Vitamin B1	2,2 mg	%200
Vitamin B2	2,8 mg	%200
Beta Carotene	2,5 mg	**
Vitamin D2	5 µg	%100
Vitamin K2	11,25 µg	%15
Folik asit	200 µg	%100
Folic acid	100 µg	%200
Iodine	75 µg	%50
Selenium	27,5 µg	%50
Chromium	6 µg	%15
Vitamin B12	5 µg	%200

USAGE INFORMATION:

It is recommended to consume 1 Tablet a Day for Adults 11 Years and Over.

45

TABLETS



**IMMUNE SYSTEM
REQUIRED VITAMINS &
MINERALS**



“

Food Supplement Including Chromium Picolinate, Bromelain, L Carnitine and Probiotic Microorganism

WHY PRO-SLIMMAX?

L CARNITINE 1000

Caffeine has a synergistic effect with L-Carnitine with its metabolism-accelerating effect. It is used to increase athletic performance, reduce muscle fatigue, and vegetarian nutrition.

BROMELAIN 500

It facilitates digestion with its protease content, it encourages the reabsorption of edema into the blood circulation by increasing tissue permeability with its fibrinolysis content.

LACTOBACILLUS ACIDOPHILUS

It helps the digestive process, so that it is effective in the weight loss

phase. It was observed that lactobacil species caused weight loss in studies conducted with 17 humans and 60 animals.

CHROMIUM PICOLINATE

Chromium Picolinate is supportive, suppressing excessive sugar and carbohydrate cravings/appetite control, Blood sugar control, Type II Diabetes, Impaired glucose tolerance (Prediabetic), Hypoglycemia, Hypercholesterolemia, Supporting liver health, Cardiovascular protection, Athlete support, Metabolic syndrome.

INGREDIENTS:

L-carnitine, Bromelain, Bulking Agent: Maltodextrin, Bulking Agent: Microcrystalline cellulose (E 460(ii)), Anti-caking Agent: Magnesium salts of fatty acids (E 470b), Stabilizer: Polyvinylpyrrolidone (E 1201), Probiotic Microorganism: Lactobacillus Acidophilus, Anti-caking Agent: Silicon dioxide (E 551), Chromium picolinate.

USAGE INFORMATION:

It is recommended to consume 1 capsule (2 tablets per day) in the morning and evening with meals for adults aged 11 and over.

Supplement Facts

Active ingredient	Quantity % for 2 capsules	%NRV*
L Carnitine	1000 mg	**
Bromelain	500 mg	**
Probiotic Microorganism -Lactobacillus Acidophilus	(1x10 ⁹) Bir Milyar KOB 1 Billion Bacteria	**
Chromium Picolinate	200 mcg	%500



PROBIOTIC-CONTAINING AMINO ACID

Food Supplement Including
5-Hydroxytryptophan

WHY PRO-5 HTP COMPLEX?

5 HTP (5-HYDROXYTRYPTOPHAN)

5-HTP dietary supplements help raise serotonin levels in the brain. Since serotonin helps regulate mood and behavior, 5-HTP may have a positive effect on sleep, mood, anxiety, appetite, and pain sensation.

VALERIAN EXTRACT

People commonly use valerian for sleep disorders, especially insomnia. Valerian is also used for anxiety, stress, and many other conditions.

LACTOBACILLUS ACIDOPHILUS

It is a common and popular probiotic bacteria. It has been used to lower cholesterol, improve bowel health, and suppress allergies.

VITAMIN B6

Vitamin B6 is a micronutrient which is required for the realization of more than 100 biological reactions in the human body. Vitamin B6, which has important effects on brain functions, is necessary for the production of neurotransmitters that provide neural transmission.

MAGNESIUM

Magnesium shows its basic function in the blood and muscle systems, where 40% is found. It plays an important role in strengthening the muscles, protein synthesis and enzyme system activity, growth and regeneration of cells.



Supplement Facts

Active Ingredient	Quantity % for 2 capsules	%NRV*
5-Hidroksitriptofan	1000 mg	**
Valerian	500 mg	**
Lactobacillus acidophilus	(1x10 ⁹) Bir Milyar KOB 1 Billion Bacteria	**
Vitamin B6	200 mcg	%500

INGREDIENTS:

Mannitol, 5-Hydroxytryptophan, Cat's Claw Root Extract (Valerian), Hydroxypropyl Methylcellulose, Lactobacillus acidophilus, Magnesium Hydroxide (Magnesium Source) Magnesium, Pyridoxine Hydrochloride, Magnesium Salts of Fatty Acids (E470b), Silicon Dioxide (E 551).

USAGE INFORMATION:

It is recommended to consume 1 capsule (2 tablets per day) in the morning and evening for adults aged 11 and over.

QUINTUPLE EFFECT PROBIOTIC SUPPORTED



Food Supplement Including Biotin, Keratin, Vitamins and Minerals

WHY PRO-BIOTIN PLUS?



30

TABLETS

HORSE TAIL EXTRACT: In recent years, it has developed a reputation as a hair care and hair loss remedy.)

SAW PALMETTO: It prevents hair loss

ASCORBIC ACID: Vitamin C promotes hair health, reduces hair loss and improves hair growth. Vitamin C deficiency can also result in dry hair and split ends.

EPIMEDIUM EXTRACT: Icarin is a major flavonoid isolated from Epimedium; Icarin promotes mouse hair follicle growth by increasing insulin-like growth factor 1 expression in dermal papillary cells

LEPIDIUM EXTRACT: It can strengthen hair. Hair growth depends on the scalp and the state of hormones. In some cases, especially in men, hormones are the main cause of hair loss. Imbalances in testosterone levels can also lead to hair problems. Since Lepidium Extract can increase testosterone levels, it can also boost hair growth.

INOSITOL: Inositol, or vitamin B8, also nourishes the hair and ensures healthy growth. Vitamin inositol helps repairing skin cells, thus making the skin look healthier and brighter.

L-ARGININE: Arginine, which is the leader of nitric oxide in the body, has a vital importance in hair growth. The nitric oxide is produced by arginine allows the potassium channels of the cells to open and helps the vessels to dilate. In this way, the hairs which are nourished better, grow faster.

LACTOBACILLUS ACIDOPHILUS: First of all, the probiotic preserves the moisture in the scalp and ensures healthy hair growth. Thus, it prevents the loss of water in the scalp and eliminates scalp problems such as dandruff. In addition, it also prevents hair health problems that may be seen in the future.

ZINC: Zinc is a very important mineral that provides cell regeneration and also renews the tissues in our body. At the same

time, it prevents hair loss by remaining the appropriate amount in the roots' oils of the hair, which keep the hair healthy.

VITAMIN B5: Vitamin B5 is an ingredient that will be most liked by those who want to grow their hair in a healthy way. Because vitamin B5 strengthens the hair, prevents the hair from breaking quickly, and supports the healthy growth of the hair.

NIACIN: It protects color of hair. The hairs turn white quickly at an early ages in its deficiency.

L-CYSTEINE: L-Cysteine is an amino acid that has a key role in binding the hair fiber to the hair follicle and strengthening the bond. When it is taken in sufficient amount daily, it makes the hair look strong and healthy. It supports skin, hair and nail tissues. Also protects the skin from the harmful rays of the sun.

L-CARNITINE: It reduces death of hair cell.

KERATIN: Keratin cause hair look brighter. Repairs damaged, dry hair. In addition to these, it also helps the hair look better. It is also among the effects of keratin that the hair looks thicker.

BIOTIN: Reduces/stops hair loss. It supports the regrowth of lost hair. It is effective in strengthening the hair roots. It helps hair to grow in a healthy way. It makes the hair look brighter.

MANGANESE: The body needs to get enough Manganese in order to have beautiful, strong and robust hair.

COPPER: It includes healthy ligament, hair and eyes. It is also an integral element in preventing early aging and increasing energy production.

SELENIUM: It is stated that selenium prevents hair loss and is beneficial for regrowth.

VITAMIN B12: This water-soluble vitamin helps hair growth. skin and scalp dryness, itching, rash are observed In its deficiency, Inadequate intake causes hair loss.

HAIR AND NAIL SUPPLEMENT WITH PROBIOTIC

INGREDIENTS / BİLEŞENLER:

Microcrystalline cellulose E 460i, Horsetail extract, Saw Palmetto extract, L-ascorbic acid (Vitamin C: 60 mg), Epimedium extract, Lepidium extract, Inositol, L-Arginine, Zinc sulfate (Zinc: 15 mg), Lactobacillus acidophilus, Nicotinamide (Vitamin B3: 30 mg), L-Cysteine, D-pantothenate calcium (Vitamin B5), D-alpha-tocopheryl acetate (Vitamin E: 12 mg), Magnesium salts of fatty acids (E470b), L-Carnitine, Keratin, D-biotin (Biotin: 5000 µg), Polyvinylpyrrolidone E 1201 Polyvinylpyrrolidone E 1202, Manganese sulfate (Manganese: 1 mg), Silicon dioxide E 551, Pteroylmanoglutamic acid (Folic acid: 400 µg), Copper sulfate (Copper: 150 µg), Sodium selenite (Selenium: 55 µg), Methylcobalamin (Vitamin B12: 2.5 µg).

Supplement Facts

Active Ingredients	Quantity for 1 Tablet	%NRV*
Horse Tail Extract	70 mg	**
Saw Palmetto	70 mg	**
Vitamin C	60 mg	%75,00
Epimedium Extract	45 mg	**
Lepidium Extract	45 mg	**
Inositol	45 mg	**
L-Arginine	45 mg	**
Lactobacillus Acidophilus	31,25 mg 1 Milyar KOB (1x10 ⁹)	** %150,00
Zinc	15 mg	%500,00
Vitamin B5	30 mg	%188
Vitamin B3	30 mg NE	**
L-Cysteine	30 mg	%100,00
Vitamin E	12 mg α-TE	**
L-Carnitine	10 mg	**
Keratin	10 mg	%10000,00
Biotin	5000 µg	%50,00
Manganese	1 mg	%200,00
Folic Acid	400 µg	%15,00
Copper	150 µg	%100,00
Selenium	55 µg	%100,00
Vitamin B12	2.5 µg	**

USAGE INFORMATION:

It is recommended to consume 1 tablets (1 tablets per day) in the morning and evening for adults aged 11 and over.

**HAIR LOSS, BREAKING HAIR AND
NAILS, SKIN AND HAIR CARE,
PREVENTION OF HAIR WHITE**



HAIR AND NAIL SUPPLEMENT WITH PROBIOTIC



Food Supplement including Hydrolyzed Collagen, Glucosamine Sulfate, Chondroitin Sulfate and MSM

WHY PRO-MULTIFLEX COLLAGEN?

HYDROLIZED COLLAGEN TYPE I AND TYPE III- Hydrolyzed collagen supplementation is of great importance for people who have bone and joint problems. Type 1 and type 3 collagen especially supports the growth and maintenance of skin, hair and nails and helps to eliminate skeletal system disorders.

GLUCOSAMINE SULFATE- It offers support to people suffering from degenerative joint diseases. It prevents further damage to joints such as knees and hips. Glucosamine forms within 4 to 8 weeks; It has been found to help relieve joint pain.

MSM- Methylsulfonylmethane (MSM) is a naturally occurring form of sulfur that helps support muscles and tendons throughout the body. Chondroitin, glucosamine, and MSM is a drug combination used as an adjunct in alternative medicine that is thought to be effective in the treatment of arthritis, muscle damage from exercise, and other joint disorders.

CHONDROITIN SULFATE- Chondroitin is an important type of component that aids in the water-retention function of cartilage. It is naturally synthesized by the body. In industrial production, it can be produced from the cartilage of animals or can be created in the laboratory.

HYALURONIC ACID- Hyaluronic acid is a substance that helps the skin and tissues to be well lubricated and kept moist. It is also a moisturizer. It is a category of skin care ingredients that absorb moisture from the environment and increase hydration in the skin. Especially it is found in high concentrations at the skin, joints and eyes

GLUTATHIONE- Thanks to the cysteine amino acid in its structure, the glutathione molecule is one of the leading antioxidants that binds reactive oxygen radicals, ending their harmful effects at the tissue level and ensuring their removal from the body.

BOSWELLIA SERRATA- Boswellia (Akgünlük extract) can be an effective pain reliever because it is a strong anti-inflammatory (anti-inflammatory) and can prevent cartilage loss due to inflammation. Some studies have found that it may even be beneficial in the treatment of certain cancers, such as leukemia and breast cancer.

LACTOBACİLLUS ACİDOPHİLUS- It is a common and popular probiotic bacteria. It has been used to lower cholesterol, improve gut health, and suppress allergies.

ZINC - Zinc has many functions such as supporting the immune system, contributing to hair, nail and skin health, increasing bone mineral density, showing antioxidant activity, and supporting the treatment of eye diseases.

STRONG MOVEMENT FREEDOM

INGREDIENTS / BİLEŞENLER:

Hydrolyzed Collagen (Type I and Type III), Microcrystalline cellulose E 460i, Glucosamine sulfate, Vitamin C preparation (L-ascorbic acid Maltodextrin), Type II Collagen, Methylsulfonylmethane, Chondroitin sulfate, Hyaluronic acid, Magnesium salts of fatty acids (E470b), Glutathione, Aloe vera extract, Lactobacillus acidophilus, Polyvinylpyrrolidone E 1201, Zinc sulfate (Zinc Source), Silicon dioxide E 551, Menaquinone-7 (Vitamin K2), Cholecalciferol.

Supplement Facts

Etken Madde / Active Ingredients	2 Tablet için miktar Quantity for 2 Tablets	%NRV*
Hydrolyzed Collagen (Type I and Type III)	1300,0 mg	**
Glucosamine Sulfate	200,0 mg	**
Type II Collagen	100,0 mg	
Methylsulfonylmethane	100,0 mg	**
Chondroitin Sulfate	100,0 mg	**
Hyaluronic Acid	100,0 mg	%125,00
Vitamin C	100,0 mg	**
Glutathione	50,0 mg	**
Boswellia Serrata	50 mg	
Lactobacillus Acidophilus	31,25 mg	**
	1 MİLYAR KOB (10x10 ⁹)	%50
Zinc	5,0 mg	%66,66
Vitamin K2	50,0 µg	%150,00
Vitamin D3	7,5 µg	

USAGE INFORMATION:

For individuals over 18 years of age, it is recommended to consume 1 tablet in the morning and evening with 1 glass (200 ml) of water. Not for use by individuals under the age of 18. If this supplement is used for more than 3 months, a doctor should be consulted.

60

TABLETS



LOSS OF ELASTICITY,
STRENGTHENING OF
CONNECTIVE TISSUE,
JOINT PAIN, CARTILAGE,
TENDON, SKIN HEALTH,
LOSS OF MOISTURE





Food Supplement Including Amylase, Lactase and Probiotic Microorganism

WHY PRO-DIGESTROIUM?



30
HERBAL CAPSULES

AMYLASE- Although it is an enzyme found in the plant family, it is a type of enzyme that catalyzes starch to maltose. Amylase is an enzyme produced by the pancreas and salivary glands to assist the digestive system.

LACTASE- It breaks down the milk sugar lactose (useful for lactose intolerance)

TURMERIC- Curcumin (Turmeric) may protect liver from alcohol, drugs, radiation which give damage. It has a protective feature against the toxic effects of these heavy metals on organs such as liver, kidney and brain by binding heavy metals such as cadmium.

It has immune system protective properties. The most effective plant was selected on the inhibition of *Helicobacter pylori*, which causes gastric ulcer.

DANDELION- It is rich in the prebiotic inulin which is found in plants that supports the growth and maintenance of a healthy bacterial flora in your intestinal tract. It revealed a significant increase in the rate of gastric contractions and emptying of stomach contents into the small intestine with dandelion extract.

FENNEL- It increases intestinal motility with its muscle relaxant effect. It shows antibacterial properties which clean the pathogens that cause your breath to smell bad.

LACTOBACILLUS ACIDOPHILUS- It is the best known probiotic in the world. *L. acidophilus* is found naturally in the human gastrointestinal tract and mouth. It plays a vital role in vitamin K and bone formation and repair, *acidophilus* helps to both prevent and treat yeast-induced infections in the urinary tract.

BIFIDOBACTERIUM BIFIDUM- It makes up about 95% of your gut bacteria, *B. bifidum* actually binds to intestinal cells and protects the physical lining of your intestines from toxins or microbes. This keeps toxins and germs out of your blood and prevents you from making you sick or disrupting cellular function. *B. bifidum* sticks to your intestinal lining and helps digest sugar. It also keeps germs and toxins out of your blood while stimulating your immune system. Recent research shows that *Bifidobacterium bifidum* reduces the incidence of cold and flu.

INULIN-10BILLION PROBIOTIC

THE PROBIOTICS INCLUDING DIGESTIVE ENZYMES

INGREDIENTS:

Hydroxypropylmethylcellulose, Maltodextrin (from Corn), Amylase, Lactase, Turmeric extract, Dandelion extract, Probiotic Microorganism (Lactobacillus acidophilus), Probiotic Microorganism (Bifidobacterium bifidum), Inulin, Fructooligosaccharides (FOS), Probiotic Microorganism (Bifidobacterium lactis), Probiotic Microorganism (Lactobacillus casei), Probiotic Microorganism (Lactobacillus rhamnosus), Probiotic Microorganism (Lactobacillus salivarius), Probiotic Microorganism (Streptococcus thermophilus), Fennel extract, Magnesium salts of fatty acids (E470b), Silicon Dioxide (E 551)

Supplement Facts

Active Ingredients	Quantity for 2 Capsules	%NRV*
Amylase	150 mg	**
Lactase	100 mg	**
Turmeric	100 mg	**
Dandelion	100 mg	**
Lactobacillus Acidophilus	93,75 mg 3Milyar KOB (3x10 ⁹)	**
Bifidobacterium Bifidum	78,00 mg 2Milyar KOB (2x10 ⁹)	**
Inulin	50 mg	**
Fruktooligosakkarit (Fos)	50 mg	**
Bifidobacterium Lactis	39,00 mg 1Milyar KOB (1x10 ⁹)	**
Lactobacillus Casei	39,00 mg 1Milyar KOB (1x10 ⁹)	**
Lactobacillus Rhamnosus	39,00 mg 1Milyar KOB (1x10 ⁹)	**
Lactobacillus Salivarius	39,00 mg 1Milyar KOB (1x10 ⁹)	**
Streptococcus Thermophilus	39,00 mg 1Milyar KOB (1x10 ⁹)	**
Fennel	30 mg	**

USAGE INFORMATION:

It is recommended to consume 1 capsule (2 capsules per day) in the morning and evening with meals for adults aged 11 and over.



INULIN-10BİLLİON PROBIOTIC

THE PROBIOTICS INCLUDING DIGESTIVE ENZYMES



Food Supplement Including
Herbal Extracts and E Vitamin

WHY PRO-VASSECON?



HORSE CHESTNUT EXTRACT- It helps to get rid of inflammation accumulated in the body. Thanks to the astringent substances in it, it contributes to the closure of the pores opened due to acne and pimples. It can also be used to close scars and wounds. Relieves rheumatic pains in joints and bones.

RUSCUS ACULEATUS EXTRACT- The plant provides a significant antipyretic effect in a short time related cases of high fever. Additionally this plant is used in the treatment of varicose veins, leg edema, hemorrhoids, stone remover, kidney sand exfoliator, and leg cramps that occur frequently.

GOTU KOLA EXTRACT- Gotu Kola plant contains Vitamin K, Magnesium, Calcium and Sodium. It has anti-inflammatory properties. - Supports collagen and connective tissue in bones. It strengthens the blood flow and prevents the swelling caused by varicose veins, capillary veins and blood circulation disorders in the legs.

GRAPE EXTRACT- Grape extract increases collagen. It also protects bone and skin health. It is especially used in the treatment of acne and pimples that may occur on the skin by preventing aging. Apart from this, it provides one-to-one benefits for skin and hair loss due to vitamin deficiency.

LACTOBACILLUS ACIDOPHILUS- It is a common and popular probiotic bacteria. It has been used to lower cholesterol, improve gut health, and suppress allergies.

GINGKO BILOBA EXTRACT- Ginkgo biloba improves and regulates blood circulation; It helps to show much better function for eyes, ears and legs. It can act as an antioxidant.

VITAMIN E- Vitamin E, one of the fat-soluble vitamins; It is a nutrient that has important roles in many areas such as skin health, eye health and hormonal regulation. At the same time, vitamin E, which is one of the vitamins with antioxidant properties, is also very effective in strengthening the immune system.

Supplement Facts

Active Ingredients	Quantity for 2 Tablets	%NRV*
Horse Chestnut Extract	300 mg	**
Ruscus Aculeatus Extract	200 mg	**
Gotu Kola Extract	100 mg	**
Grape Extract	50 mg	**
Lactobacillus acidophilus	31,25 mg (1Milyar KOB (1x10 ⁹))	**
Ginkgo Ekstresi	10 mg	**
Vitamin E	2 mg	%16,67

INGREDIENTS:

Microcrystalline cellulose E 460i, Horse Chestnut Extract, Rabbit's Foot Extract, Gotu Kola Extract, Grape Extract, Magnesium salts of fatty acids (E470b), Lactobacillus acidophilus, Polyvinylpyrrolidone (E1201), Silicon Dioxide (E 551), Ginkgo Extract, D-alpha-tocopheryl acetate (Vitamin E).

USAGE INFORMATION:

For adults aged 11 and over, it is recommended to consume 1 tablet in the morning and evening with 1 glass of water (200 ml).

SEVEN EFFECT PROBIOTIC SUPPORTED

Food Supplement
Including Magnesium

WHY PRO-MAGNIUM?



MAGNESIUM

Magnesium shows its basic function in the blood and muscle systems, where 40% is found. It plays an important role in strengthening the muscles, protein synthesis and enzyme system activity, growth and regeneration of cells

MAGNESIUM CITRATE

Magnesium citrate draws water into the tissues with the effect of osmosis. When it comes to the intestine, it draws enough water and encourages defecation. Additional water stimulates intestinal motility. Thus it can be used to treat rectal and colon problems.

MAGNESIUM MALATE

Magnesium malate is a magnesium supplement with high

absorption by the body. Magnesium malate; It can be used safely for many conditions where magnesium is beneficial, such as balancing blood sugar, migraine, chronic pain and depression.

VITAMIN B6

Vitamin B₆, which has a role in the metabolism of proteins and glycogen, helps these nutrients to be broken down into basic building blocks and used in the body. Vitamin B₆ is also necessary for the synthesis of proteins, which are necessary for the immune system to function in a healthy way.

LACTOBACILLUS ACIDOPHILUS

It is a common and popular probiotic bacteria. It has been used to lower cholesterol, improve bowel health, and suppress allergies.

Supplement Facts

Active Ingredients	Quantity for 1 sachet	%NRV*
Magnesium	250 mg	%67,00
Lactobacillus Acidophilus	31,25 mg 1 Milyar KOB (1x10 ⁹)	**
Vitamin B6	1,4 mg	%100,00

INGREDIENTS:

Magnesium salts of citric acid (Magnesium Source), Maltodextrin (Corn-derived), Tricalcium Phosphate (E341iii), Magnesium Malate (Magnesium Source), Lactobacillus acidophilus, Orange Flavor, Pyridoxine Hydrochloride, Silicon Dioxide (E 551), Sucralose (E 955).

USAGE INFORMATION:

Adults aged 11 and over are recommended to consume 1 sachet mixed with 1 glass of water (200 ml) 2 hours after breakfast.



TRIPLE EFFECT WITH PROBIOTIC SUPPORTED



Food Supplement Including Lactase and Probiotic Microorganism (Chewable Form)

WHY PRO-KIDS?



CALCIUM- Calcium is a mineral found in many foods. The body needs calcium to maintain strong bones and perform many important functions. Almost all calcium is stored in bones and teeth. Here, calcium is necessary for the maintenance of normal bones and teeth.

MAGNESIUM- Magnesium shows its basic function in the blood and muscle systems, where 40% is found. It plays an important role in strengthening the muscles, protein synthesis and enzyme system activity, growth and regeneration of cells

BIFIDOBACTERIUM INFANTIS- Bifidobacterium is a genus of bacteria from the Actinobacteria class that lives in the intestine as part of the intestinal flora and aids digestion. Bifidus flora suppresses pathogenic cells and prevents them from passing through the intestinal wall.

LACTOBACILLUS RHAMNOSUS- Lactobacillus gg, also known as Lactobacillus Rhamnosus gg, has extremely good intestinal wall adhesion and is therefore considered a good probiotic to pave the way for your body's natural friendly bacteria.

LACTOBACILLUS REUTERI - Among the beneficial bacteria, there are studies showing that the bacterium called 'lactobacillus reuteri' helps the baby and the family in cases of easy belching, easy vomiting and especially infantile colic caused by indigestion and dyspepsia.

VİTAMİN C- Vitamin C is a very important nutrient with countless benefits. Vitamin C, which is involved in the synthesis of collagen, a protein that provides healing in the body, provides the repair of cartilage, bone and teeth with the healing of wounds, helps to

strengthen and protect immunity.

LACTASE- Lactose is a sugar in the form of a disaccharide found in nature only in milk. It can also be called milk sugar. It is broken down by an enzyme called lactase secreted from the intestines. When there is not enough of this enzyme in the intestines or it works insufficiently, a disease called lactose intolerance occurs.

VİTAMİN B5- Pantothenic Acid, also known as Vitamin B5, is found in food sources such as whole grains, meat, and mushrooms. Function: * Contributes to normal energy-yielding metabolism. * Contributes to the normal synthesis and metabolism of steroid hormones, vitamin D and some neurotransmitters.

VİTAMİN B6- Vitamin B6 is a micronutrient required for the realization of more than 100 biological reactions in the human body. Vitamin B6, which has important effects on brain functions, is necessary for the production of neurotransmitters that provide neural transmission.

VİTAMİN B2- Vitamin B2 plays an important role in growth and development, reduces the aging process and provides protection against the risk of cancer. It is also a vitamin that is beneficial for asthma and bronchitis disease. Vitamin B2 should also be taken for antibody and red blood cell production.

VİTAMİN B1- Vitamin B1 is responsible for converting nutrients into energy and is essential for brain function and energy production in the brain. It also supports various nerve functions. It helps maintain cardiovascular health, supports intestinal and digestive health, and has protective properties for eye health.

VITAMINS AND MINERALS CONSISTING PROBIOTICS

PROBİYOTİK İÇEREN VİTAMİN VE MİNERALLER

INGREDIENTS :

Sorbitol, Calcium Hydroxide, Magnesium Hydroxide, Vitamin C (L-Ascorbic acid, Maltodextrin) Preparation, Probiotic Microorganism (Bifidobacterium infantis), Probiotic Microorganism (Lactobacillus rhamnosus), Probiotic Microorganism (Lactobacillus reuteri), Probiotic Microorganism (Lactobacillus acidophilus), Lactase, Magnesium salts of fatty acids (E470b), Silicon Dioxide (E 551), D-calcium pantothenate (Vitamin B5), Vitamin D Preparation (Vitamin D3 Hydroxypropyl starch (E 1440) Sugar (from beet sugar)Medium chain triglyceridesSilicon dioxide (E 551)Alpha-tocopherol (E 307)Cholecalciferol (Vitamin D3)) riboflavin 5'-phosphate, sodium (Vitamin B2), Thiamine Hydrochloride (Vitamin B1), Pyridoxine Hydrochloride (Vitamin B6), Orange Flavor, Pteroylmonoglutamic Acid (Folic Acid), Methylcobalamin (Vitamin B12).

Supplement Facts

Active Ingredients	Quantity for 2 Tablets	%NRV*
Calcium	150 mg	%18,75
Magnesium	100 mg	%26,67
Bifidobacterium infantis	39,00 mg 1 Milyar KOB (1x10 ⁹)	**
Lactobacillus Rhamnosus	39,00 mg 1 Milyar KOB (1x10 ⁹)	**
Lactobacillus Reuteri	39,00 mg 1 Milyar KOB (1x10 ⁹)	**
Lactobacillus acidophilus	31,25 mg 1 Milyar KOB (1x10 ⁹)	**
Vitamin C	70 mg	%87,50
Lactase	30 mg	**
Vitamin B5	4 mg	%66,67
Vitamin B6	1 mg	%71,43
Vitamin B2	1 mg	%71,43
Vitamin B1	1 mg	%91
Folic Acid	200 mcg	%100
Vitamin D3	10 mcg	%200
Vitamin B12	2,5 mcg	%100

USAGE INFORMATION: For children aged 4-10, it is recommended to be chewed twice a day after meals.

60
CHEWING
TABLETS

**CHILD PROBIOTIC;
VITAMIN AND
MINERAL, LACTASE
INTOLERANCE**

HIGH QUALITY
HIGH QUALITY

PRO-KIDS
9 KOMPLEKS VİTAMİNLER
+ PROBIYOTİKLER
60 ÇİĞNEMEKLİK TABLET

MAGNEZYUM
+ LAKTALZ
+ BİFİDOKÜLTÜR
+ LAKTOBİSİTUS
+ LAKTOBİSİTUS
+ LAKTOBİSİTUS
+ LAKTOBİSİTUS

PROBIYOTİKLER, VİTAMİN VE MİNERALLER

VITAMINS AND MINERALS CONSISTING PROBIOTICS



Food Supplement Including Methylcobalamin (Vitamin B12)

WHY PRO-B12?



METHYLCOBALAMIN VITAMIN

Vitamin B12 is an especially important vitamin for maintaining healthy nerve cells, and it helps in the production of DNA and RNA, the body's genetic material. Vitamin B12 works closely with vitamin B9, also called folate or folic acid, to help make red blood cells and to help iron work better in the body. Folate and B12 work together to produce S-adenosylmethionine (SAMe), a compound involved in immune function and mood.

Vitamins **B12**, **B6**, and **B9** work together to control blood levels of the amino acid homocysteine. High levels of homocysteine are associated with heart disease. However, researchers are not sure whether homocysteine is a cause of heart disease or just a marker that indicates someone may have heart disease.

It is rare for young people to be deficient in vitamin B12, but it is not uncommon for older people to be mildly deficient. This may be because their diets are not as healthy, or because they have less stomach acid, which the body needs to absorb B12. Low levels of B12 can cause a range of symptoms including:

- Fatigue
- Shortness of breath
- Diarrhea
- Nervousness
- Numbness
- Tingling sensation in the fingers and toes

Severe deficiency of B12 causes nerve damage.

Bileşenler /Supplement Facts

Active Ingredients	Quantity for 1 sublingual tablet	%NRV*
Vitamin B12	1000 mcg	%40.000

INGREDIENTS :

Stabilizer: Mannitol (E 421), Stabilizer: Polyvinylpyrrolidone (E 1201), Stabilizer: Xylitol (E 967), Emulsifier: Microcrystalline cellulose (E 460(ii)), Acidity Regulator: Calcium hydrogen phosphate (E 341(ii)), Anti-caking Agent: Mono- and diglycerides of fatty acids (E 471), Flavoring: Orange flavor (Orange oil, maltodextrin, gum arabic, silicon dioxide), Emulsifier: Magnesium salts of fatty acids (E 470b), Anti-caking Agent: Silicon dioxide (E 551), Methylcobalamin, Sweetener: Sucralose (E955), Sweetener: Steviol glycosides (E 960), Sweetener: Neohesperidin DC.

USAGE INFORMATION:

It is recommended to consume 1 tablet per day by placing it under the tongue for adults aged 11 and over.

ITS FORM IS METHYLCOBALAMIN

Food Supplement Including Thistle Extract, Silymarin, Artichoke Extract

WHY PRO-THISTLE?

THISTLE EXTRACT

Although milk thistle is most often used for liver conditions, such as hepatitis and cirrhosis, the herb is believed some to prevent or treat high cholesterol, diabetes, heartburn, upset stomach (dyspepsia), hangover, gallbladder problems, menstrual pain, depression, and even certain types of cancer.

SILYMARIN

Silymarin is an antioxidant compound taken from milk thistle seeds. It's unclear what benefits, if any, it may have in the body, but it's

sometimes used as a natural treatment for things including cirrhosis, jaundice, hepatitis, and gallbladder disorders.

ARTICHOKE EXTRACT

Taking artichoke extract by mouth can reduce symptoms of indigestion, including nausea, vomiting, gas, and stomach pain. It seems to take 2 to 8 weeks of treatment to see these benefits. High levels of cholesterol (hyperlipidemia) can be controlled by Artichoke extract.

Supplement Facts

Active Ingredients	Quantity for 2 Capsules	%NRV*
Thistle Extract	400 mg	**
Silymarin	300 mg	**
Artichoke Extract	250 mg	**

INGREDIENTS :

Thistle Extract, Silymarin, Artichoke Extract, Capsule Component: Bovine Gelatin, Anti-caking Agent: Magnesium Salts of Fatty Acids (E 470b), Anti-caking Agent: Silicon dioxide (E 551).

USAGE INFORMATION:

It is recommended to consume 1 capsule in the morning and evening (2 capsules per day) 30-45 minutes before meals for adults aged 11 and over.



TRIPLE INTERACTION



Food Supplement Including
Zinc Picolinate

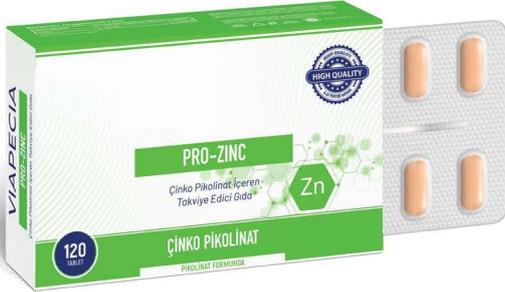
WHY PRO-ZINC?

ZINC PICOLINATE

Viapeica Pro-Zinc 120 Tablet is a food supplement containing zinc in Zinc Picolinate form.

Zinc picolinate is the form the body absorbs best and it makes a common choice for treating zinc deficiencies and pregnant women. This form binds to picolinic amino acids to help them pass more easily into your intestines for absorption.

Zinc supports the protection of hair, nails, bones and eyesight. It contributes to protein synthesis, carbohydrate, acid-base metabolism and DNA synthesis.



Supplement Facts

Active Ingredients	Quantity for 1 Tablet	%NRV*
Zinc	15 mg	%150,00

INGREDIENTS :

Zinc Picolinate, Filler: Maltodextrin, Bulking Agent: Microcrystalline cellulose (E 460(ii)), Anti-caking agent: Magnesium salts of fatty acids (E 470b), Stabilizer: Polyvinyl pyrrolidone (E 1201), Anti-caking agent: Silicon dioxide (E 551).

USAGE INFORMATION:

For adults over 11 years old, it is recommended to consume 1 tablet per day.

ITS FORM IS PICOLINATE

Food Supplement Including Cranberry,
Vitamin C and Vitamin E

WHY PRO-BERRY?

CRANBERRY

Cranberry, which contains very strong antioxidants such as proanthocyanidin, prevents harmful bacteria from staying in the body.

• It prevents bacteria that cause urinary tract infections such as Escherichia coli (E. coli) from adhering to the surface of the epithelial cells surrounding the bladder.

VITAMIN C

Vitamin C makes the urine more acidic, inhibits the growth of E. coli and boosts immune function.

VITAMIN E

Vitamin E which has antioxidant properties prevents free radicals related damaging cells and causing cancer. In this way, it helps to prevent cancer and cardiovascular diseases.

Supplement Facts

Active Ingredients	Quantity for 2 Capsules	%NRV*
Vitamin C	160 mg	%200
Cranberry	168 mg	**
Vitamin E	10 mg	%83

INGREDIENTS :

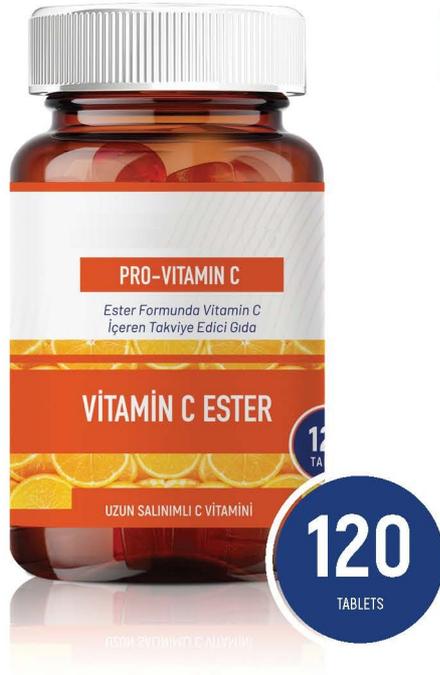
Bulking Agent: Microcrystalline cellulose (E 460(ii)), Capsule Component: Bovine gelatin, Vitamin C preparation: L-ascorbic acid - Maltodextrin (carrier), Cranberry extract, Anti-caking Agent: Silicon dioxide (E 551), D-alpha-tocopheryl acetate.

USAGE INFORMATION:

It is recommended to consume 1 Capsule (2 Capsules per Day) in the Morning and Evening for Adults aged 11 and over.



STRONG ANTIOXIDANT



Food Supplement Including Calcium L -Ascorbate
(Ester Formed Vitamin C)

WHY PRO-VITAMIN C?

CALCIUM L ASCORBATE

Calcium ascorbate is a common food additive with valuable antioxidant properties. As a type of vitamin C, calcium ascorbate also offers health benefits, such as improving immune functioning, repairing damaged tissues, and promoting bone, teeth, and skin health.

Supplement Facts

Active Ingredients	Quantity for 2 Tablets	%NRV*
Vitamin C	1000 mg	%1250

INGREDIENTS / BİLEŞENLER:

Calcium L-ascorbate (contains up to 2% threonate), Bulking Agent: Maltodextrin, Bulking Agent: Microcrystalline cellulose (E 460(i)), Anti-caking Agent: Magnesium salts of fatty acids (E470b), Stabilizer: Polyvinylpyrrolidone (E 1201), Anti-caking Agent: Silicon dioxide (E 551).

USAGE INFORMATION:

It is recommended to consume 1 tablet (2 tablets per day) in the morning and evening for adults aged 11 and over.

LONG RELEASED VITAMIN C

Containing 1 Mg of Melatonin
Chewable Form Supplementary Food

WHY MELATONIN GUMMIES?

MELATONIN

Melatonin is primarily responsible for regulating the body's sleep patterns. Melatonin is also known to affect the depth and quality of sleep. There are studies that show that melatonin secretion alleviates the effects of depression, is beneficial in relieving reflux and supports eye health. There are studies showing that melatonin secretion prevents the development of diabetes. In proportion to its production, the level of fat and cholesterol in the blood decreases; For this reason, it has been observed that it plays a supporting role in heart health. melatonin; It helps to slow down the aging process of the skin by increasing the sleep pattern and quality. Aging is associated with oxygen radicals and wear of body tissues. Melatonin creates an opportunity for tissues to repair themselves during sleep.

Supplement Facts

Active Ingredients	Quantity	%NRV*
Melatonin	1 mg	**

INGREDIENTS:

Bovine Gelatin, Stevia, Gum Arabic (Acacia Gum) (E414), Pectin (E440), Sodium Citrate (E331), Citric Acid (E330), Malic Acid (E296), Deionized Water, Natural Apple Flavor, Beet Root Red, Betanin (E162), Melatonin.

USAGE INFORMATION:

It is recommended to consume 1 tablet per day for Adults aged 18 and over.





With Vitamin C & Vitamin D & Zinc



Natural Apple Flavored

WHY ELDERBERRY GUMMIES?



ZINC- It has many functions such as supporting the immune system, contributing to hair, nail and skin health, increasing bone mineral density, showing antioxidant activity, and supporting the treatment of eye diseases.

INULIN- Inulin contains 75% of sugar or carbohydrate calories and 33% of fat energy. While increasing the intestinal bacteria, it also increases the absorption of calcium and magnesium. Nutritionally, it is a soluble fiber and is often seen as a prebiotic.

BLACK ELDERBERRY- Black elderberry shows anti-inflammatory activity thanks to its rich content of vitamins A and C. The anthocyanin pigment, which gives its color to the fruit, fights free radicals that trigger inflammation and contributes to alleviating respiratory tract infections, especially sore throats.

L-ASCORBIC ACID- Ascorbic acid is colloquially known as vitamin C. It is among the groups of vitamins that the body needs. It is a type of vitamin that is effective in the functioning of the digestive system and throughout the body.

ECHINACEA- Herbalists have found that echinacea shortens the duration of colds and flu and relieves symptoms of ailments such as fever, cough, and sore throat. Echinacea is also used to strengthen the immune system and increase the body's resistance to infections.

VITAMIN D3- Having the right level of vitamin D, adequate calcium and phosphorus in the body is important for building and maintaining strong bones. Vitamin D is used to treat and prevent bone disorders such as rickets.

Supplement Facts

Active Ingredients	Quantity mg /2 Chewable Form	% NRV*
Inulin	500 mg	**
Black Elderberry	100 mg	**
L-ascorbic Acid	80 mg	%100
Zinc	3 mg	% 30
Echinacea	7,5 ug	**
Vitamin D3	7,5 mg (300 IU)	% 150

INGREDIENTS:

Bovine Gelatin, Sugar, Inulin, Pectin (E440), Sodium Citrate (E 331), Citric Acid (E 330), Malic Acid (E296), Deionized Water, Elderberry Extract, Natural Apple Flavor, L-Ascorbic Acid, Beetroot Red, Betanin (E 162), Zinc Bisglycinate, Echinacea Extract, Cholecalciferol (Maltodextrin + Vitamin D3).

USAGE INFORMATION:For children, it is recommended to consume 1 Chewable Form (2 Chewable Forms per Day) in the Morning and Evening.

WITH VITAMIN C & VITAMIN D & ZINC

Chewable Form Supplement Containing
D3 Edible Food

WHY ViTAMiN D3 GUMMiES?

VITAMIN D3

Vitamin D is also known as calciferol. It is one of the fat-soluble vitamins. It is necessary for the use and absorption of calcium and phosphorus in the digestive tract and for growth, especially in children.

Supplement Facts

Active Ingredients	Quantity mg /2 Chewable Form	%NRV*
Vitamin D3	25 µg (1000 IU)	% 500

INGREDIENTS:

Beef Gelatin, Sugar, Pectin (E440), Deionized Water, Sodium Citrate (E 331), Citric Acid (E 330), Malic Acid (E296), Natural Apple Flavor, Beet Root Red, Betanin (E162), Cholecalciferol, (Vitamin D3 +Maltodextrin)

USAGE INFORMATION:

1 Chewable Form per Day for Children aged 4-10, It is recommended to consume 1 Chewable Form (2 Chewable Forms a Day) Morning and Evening for Adults 11 Years and Over.



“

BIOTIN 5000 MCG

Naturally Flavored
with Vanilla

WHY BIOTIN?

BIOTIN

Biotin supports tissue formation and regeneration. It plays important role in the production of keratin, which is the basic protein for the formation of hair, skin, and nail health. Biotin is an important vitamin in the skin, and also plays a role in regulating the water balance of the skin.



IT HELPS TO PROTECT HAIR AND SKIN

VIAPECIA BIOTIN 5000 MCG

Chewable Food Supplement
Containing Vitamins, Minerals, and Biotin

Supplements Facts	QUANTITY mg/2 Chewable Form	% NRV*
Vitamin C	80 mg	%100
Vitamin E	12 mg α -TE	%100
Zinc	3 mg	%30
Biotin	5000 μ g	%10000
Vitamin A	800 μ g RE	%100
Selenium	55 μ g	%100
Vitamin B12	2,5 μ g	%100

USAGE INFORMATION:

For adults over 11 years old, it is recommended to consume 1 capsule (2 capsules per day) in the morning and evening.

60

PIECES



IT HELPS TO PROTECT HAIR AND SKIN

Omega3



60 Gummies | Dietary Supplement

“

Chewable Form Supplementary
Food With Omega 3



Naturally Flavored
with Orange Fish Oil

WHY OMEGA3?



It is shown to strengthen immunity, help protect cardiovascular health, prevent weakening of bones, and be effective against depression and anxiety. In addition, omega 3 is very important for babies in the womb and children in developmental age. For this reason, all individuals, especially pregnant women and children, should pay attention to adequate omega 3 intake.

VIAPECIA OMEGA 3 GUMMIES

Chewable Form Supplementary
Food With Omega 3

Supplements Facts	Quantity mg/2 Chewable Form	% NRV*
Omega 3 fatty acids	500	**
EPA	180	**
DHA	250	**
Vitamin D3	10 µg	200

INGREDIENTS: Bovine Gelatin, Fish Oil (Omega 3 Fatty Acids, EPA, DHA), Glucose, Natural Orange Flavor, Deionized Water, Citric Acid (E330), Malic Acid (E296), Sodium Citrate (E331), Pectin (E440), Vitamin D3 preparation (Maltodextrin, Cholecalciferol), Beet Root Red, Betanin (E162), Tartrazine (E102).

USAGE INFORMATION: It is recommended to consume 1 Chewable Form in the morning and 1 in the evening for children aged 4-10 years (2 Chewable Forms per day).



Chewable Form Supplement Containing
Folic Acid and Vitamin B12

WHY APPLE CIDER VINEGAR?

VIAPECIA APPLE CIDER VINEGAR

Chewable Form Supplement Containing
Folic Acid and Vitamin B12

Supplements Facts	Quantity mg/2 Chewable Form	% NRV*
Folic Acid	200 µg	% 100
Vitamin B12	2.4 µg	% 120

INGREDIENTS:

Deionized Water, Bovine Gelatin, Apple Cider Vinegar (*Pyrus malus* L. (Syn.: *Malus domestica* Borkh.)), Sucrose, Pectin (E440), Stabilizer, Sodium Citrate (E331), Citric Acid (E330), Malic Acid (E296), Natural Apple Flavor, Beet Root Red, Betanin (E162), Pteroylmonoglutamic Acid, Cyanocobalamin.

USAGE INFORMATION:

It is recommended to consume 1 tablet (2 tablets per day) in the morning and evening for adults aged 11 and over.

60

PIECES

APPLE
CIDER
VINEGAR
GUMMYS





Chewable Form Supplementary Food With Iron Vitamin

WHY MULTIVITAMIN + IRON GUMMIES?



Natural
Apple Flavored



60
PIECES

VITAMIN D3

Vitamin D is also known as calciferol. It is one of the fat-soluble vitamins. It is necessary for the use and absorption of calcium and phosphorus in the digestive tract and for growth, especially in children.

Supplement Facts

Active Ingredients	Quantity mg 1/2 Chewable Form	% NRV*
Vitamin C	50 mg	% 62,5
Iron	10 mg	% 71,42
Vitamin E	5mg- α TE	% 41,6
Zinc	1,5 mg	% 15
Vitamin B3	3 mg NE	% 18,7
Vitamin D3	10 μ g (400 IU)	% 200
Vitamin A	300 μ g RE	% 37,5
Vitamin B2	0,4 mg	% 28,5
Vitamin B1	0,3 mg	% 27,27
Vitamin B6	0,3 mg	% 21,4
Folic Acid	14,7	% 7,35

INGREDIENTS:

Beef Gelatin, Sugar, Pectin (E440), Deionized Water, Sodium Citrate (E331), Citric Acid (E330), Malic Acid (E296), Natural Apple Flavor, L-Ascorbic Acid, Ferrous Fumarate, Beet Root Red, Tocopheryl Acetate, Zinc Sulfate, Nicotinamide, Cholecalciferol (Maltodextrin + Vitamin D3), Retinyl Palmitate, Riboflavin 5-Phosphate, Sodium, Thiamine Hydrochloride, Pyridoxine Hydrochloride, (6S)-5-Methyltetrahydrofolic Acid, Glucosamine Salt

USAGE INFORMATION:

1 Chewable Form per Day for Children aged 4-10. It is recommended to consume 1 Chewable Form (2 Chewable Forms a Day) Morning and Evening for Adults 11 Years and Over.

SUPPORTS IRON DEFICIENCIES

Soft Capsule Supplement Containing Coenzyme Q10,
Fish Oil and Vitamin D3

PRO QQ OMEGA

WHY PRO-QQ OMEGA?

Omega-3

Protects heart health and reduces the risk of cardiovascular disease. Coenzyme Q10 plays a role in maintaining the cell membrane structure and providing energy conversion in the cell. It is also a good antioxidant as it helps to reduce the effect of free radicals in the tissues.

ACTIVE INGREDIENTS	QUANTITY Mg/1 Capsule	% NRV*
Fish Oil (Triglyceride)		
(Omega 3 Source)	900 mg	**
- Omega 3	500 mg	**
- EPA	180 mg	**
- DHA	120 mg	**
Coenzyme Q10	100 mg	**
Vitamin D3	5 µg 200 IU	% 100

INGREDIENTS:

Fish Oil (Omega 3), Capsule Components Soft Capsule (Auxiliary Component Bovine Gelatin, Auxiliary Component Deionized Water, Humectant Glycerin), Coenzyme Q10, Cholecalciferol (Vitamin D3).

USAGE INFORMATION:

It is recommended to consume 1 tablet (2 tablets per day) in the morning and evening for adults aged 11 and over.



60
SOFTGEL



Food Supplement Containing
Norwegian Fish Oil

WHY PRO-OMEGA3?

THE BENEFITS OF OMEGA 3

Are shown to strengthen immunity, help protect cardiovascular health, prevent weakening of bones, and be effective against depression and anxiety. In addition, omega 3 is very important for babies in the womb and children in developmental age. For this reason, all individuals, especially pregnant women and children, should pay attention to adequate omega 3 intake.

Nutritional Elements	1 Soft Capsule	2 Soft Capsule	%NRV*
Total Omega 3 Fatty Acid (Fish Oil)	1000 mg	2000 mg	**
-Other Omega 3			
Fatty Acids	700 mg	1400 mg	**
-EPA	180 mg	360 mg	**
-DHA	120 mg	240 mg	**

INGREDIENTS:

Gelatin Capsule (Bovine Gelatin); Gelatin, Deionized Water, Glycerol (E422), Antioxidant additive, Alpha-tocopherol (E307).

USAGE INFORMATION:

It is recommended to consume 1 tablet (2 tablets per day) in the morning and evening for adults aged 11 and over.



200
SOFTGEL

Norwegian Fish Oil, Flaxseed, Safflower Oil and
Food Supplement Containing Vitamin E

WHY PRO-OMEGA 3-6-9?

It protects heart health and reduces the risk of cardiovascular disease.

Omega 3 and Omega 6 fatty acids support brain functions. It reduces mental problems such as depression and anxiety.

Studies have shown that omega-9 helps to protect against cardiovascular diseases and stroke (stroke). In addition, it helps to increase HDL (good cholesterol) and decrease LDL (bad cholesterol).

Nutritional Elements	1 Soft Capsule	2 Soft Capsule	%NRV*
Total Omega 3	800 mg	1600 mg	**
Fatty Acid (Fish Oil)			
-Other Omega 3			
Fatty Acids	500 mg	1000 mg	**
-EPA	180 mg	360 mg	**
-DHA	120 mg	240 mg	**
Aspir Oil	150 mg	300 mg	**
Flaxseed Oil	50 mg	100 mg	**
Vitamin E	1,8 mg	3,6 mg	%30

INGREDIENTS :

Gelatin Capsule (Bovine Gelatin): Gelatin, Deionized Water, Glycerol (E422).

USAGE INFORMATION:

It is recommended to consume 1 tablet (2 tablets per day) in the morning and evening for adults aged 11 and over.





Soft Capsule with D3 and K2
Supplementary Food

WHY PRO D3 + K2?

It is to increase the absorption of calcium from food and to ensure that more calcium is taken into the body. The second is to pull calcium from the bones when there is not enough calcium in the circulation. (2) For this reason, the use of D3K2 vitamin can be recommended for bones to benefit more from calcium.

Active Ingredients	QUANTITY Mg/ 1 Kapsül	%NRV*
Vitamin K2	11,25 µg	% 15
Vitamin D3	25 µg 1000 IU	% 500

INGREDIENTS :

Carrier Sunflower Oil, Capsule Components Soft Capsule (Auxiliary Component Bovine Gelatin, Auxiliary Component Deionized Water, Humectant Glycerin), Menaquinone-7 (Vitamin K2), Cholecalciferol (Vitamin D3).

USAGE INFORMATION:

For adults aged 11 and over, it is recommended to consume 1 tablet in the morning and evening with 1 glass of water (200 ml).



Viapecia Viagast Calcium
Food Supplement Containing Magnesium and Plant Extracts,

WHY PRO VIAGAST?

It helps to reduce stomach pain, reflux and indigestion.

ACTIVE INGREDIENTS	QUANTITY Mg/1 Tablets	%NRV*
Calcium	272 mg	%34
Magnesium	57 mg	%15,2
Medical Mint Extract	20 mg	**
Pomegranate Extract	20 mg	**
Fennel Extract	15 mg	**
Anise Extract	11 mg	**
Thyme Extract	10 mg	**
Rosehip Extract	8 mg	**
Clove Extract	5 mg	**

INGREDIENTS :

Calcium Carbonate (Calcium), Volume increasing agent Isomalt, Magnesium Carbonate (Magnesium), Auxiliary component Maltodextrin, Volume increasing agent Mannitol, Medicinal Mint Extract, Flavoring Agent Banana Flavoring, Pomegranate Extract, Fennel Extract, Flavoring Agent Mint Flavoring, Anti-caking agent Magnesium Salts of Fatty Acids, Anise Extract, Thyme Extract, Flavoring Agent Menthol Flavoring, Rosehip Extract, Clove Extract.

USAGE INFORMATION:

It is recommended to consume 1 tablet (2 tablets per day) in the morning and evening for adults aged 11 and over.



48
TABLETS

"I am, what I repeatedly do.
Excellence, therefore is not an act, but a habit..."

İzzet DURU

izzet.duru@gmail.com
Istanbul | Türkiye
[linkedin.com/in/iz-iz](https://www.linkedin.com/in/iz-iz)

*International - Trade
Consultant*

